

ALPHA OMEGA LIFE CENTER
Pregnancy Classes
Full Term Schedule

					2010											
					A	B	C	D	E	F	G	H	I	J	K	L
Class/Week	Name	Teacher	Day	Time	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1	The First Trimester	Paula	Monday	4pm	01/04/10	02/01/10	03/01/10	04/12/10	05/03/10	06/07/10	07/05/10	08/02/10	09/06/10	10/04/10	11/08/10	12/06/10
2	What's Going on with My Body?	Sherry	Wednesday	4pm	01/13/10	02/10/10	03/10/10	04/21/10	05/12/10	06/16/10	07/14/10	08/11/10	09/15/10	10/13/10	11/17/10	12/15/10
3	Nutrition	Amy	Wednesday	12pm	01/20/10	02/17/10	03/17/10	04/28/10	05/19/10	06/23/10	07/21/10	08/18/10	09/22/10	10/20/10	11/24/10	12/22/10
4	Your Baby's Secret World	Paula	Monday	3pm	01/25/10	02/22/10	03/22/10	05/03/10	05/24/10	06/28/10	07/26/10	08/23/10	09/27/10	10/25/10	11/29/10	12/27/10
5	What's Safe, What Isn't?	Paula	Monday	2pm	02/01/10	03/01/10	03/29/10	05/10/10	05/31/10	07/05/10	08/02/10	08/30/10	10/04/10	11/01/10	12/06/10	01/03/11
6	Shaken Baby Syndrome	Sarah	Thursday	6pm	02/11/10	03/11/10	04/08/10	05/20/10	06/10/10	07/15/10	08/12/10	09/09/10	10/14/10	11/11/10	12/16/10	01/13/11
7	The Second Trimester	Sarah	Thursday	4pm	02/18/10	03/18/10	04/15/10	05/27/10	06/17/10	07/22/10	08/19/10	09/16/10	10/21/10	11/18/10	12/23/10	01/20/11
8	Going It Alone	Barbara	Monday	1pm	02/22/10	03/22/10	04/19/10	05/31/10	06/21/10	07/26/10	08/23/10	09/20/10	10/25/10	11/22/10	12/27/10	01/24/11
9	Looking at Adoption	Barbara	Monday	2pm	03/01/10	03/29/10	04/26/10	06/07/10	06/28/10	08/02/10	08/30/10	09/27/10	11/01/10	11/29/10	01/03/11	01/31/11
10	Bonding with Your Unborn Baby	Paula	Monday	1pm	03/08/10	04/05/10	05/03/10	06/14/10	07/05/10	08/09/10	09/06/10	10/04/10	11/08/10	12/06/10	01/10/11	02/07/11
11	What is the Bible?	Barbara	Monday	3pm	03/15/10	04/12/10	05/10/10	06/21/10	07/12/10	08/16/10	09/13/10	10/11/10	11/15/10	12/13/10	01/17/11	02/14/11
12	New Testament	Barbara	Monday	4pm	03/22/10	04/19/10	05/17/10	06/28/10	07/19/10	08/23/10	09/20/10	10/18/10	11/22/10	12/20/10	01/24/11	02/21/11
13	A Journey Through John, Chapters 1 & 2	Lainie	Tuesday	10am	03/30/10	04/27/10	05/25/10	07/06/10	07/27/10	08/31/10	09/28/10	10/26/10	11/30/10	12/28/10	02/01/11	03/01/11
14	John, Chapters 3 & 4	Lainie	Tuesday	11am	04/06/10	05/04/10	06/01/10	07/13/10	08/03/10	09/07/10	10/05/10	11/02/10	12/07/10	01/04/11	02/08/11	03/08/11
15	John, Chapters 5 & 6	Lainie	Tuesday	12pm	04/13/10	05/11/10	06/08/10	07/20/10	08/10/10	09/14/10	10/12/10	11/09/10	12/14/10	01/11/11	02/15/11	03/15/11
16	John, Chapters 7 & 8	Lainie	Tuesday	12pm	04/20/10	05/18/10	06/15/10	07/27/10	08/17/10	09/21/10	10/19/10	11/16/10	12/21/10	01/18/11	02/22/11	03/22/11
17	John, Chapters 9, 10 & 11	Lainie	Tuesday	1pm	04/27/10	05/25/10	06/22/10	08/03/10	08/24/10	09/28/10	10/26/10	11/23/10	12/28/10	01/25/11	03/01/11	03/29/11
18	John, Chapters 12, 13 & 14	Lainie	Tuesday	2pm	05/04/10	06/01/10	06/29/10	08/10/10	08/31/10	10/05/10	11/02/10	11/30/10	01/04/11	02/01/11	03/08/11	04/05/11
19	John, Chapters 15, 16 & 17	Lainie	Tuesday	3pm	05/11/10	06/08/10	07/06/10	08/17/10	09/07/10	10/12/10	11/09/10	12/07/10	01/11/11	02/08/11	03/15/11	04/12/11
20	John, Chapters 18, 19, 20 & 21	Lainie	Tuesday	4pm	05/18/10	06/15/10	07/13/10	08/24/10	09/14/10	10/19/10	11/16/10	12/14/10	01/18/11	02/15/11	03/22/11	04/19/11
21	Preventing Child Sexual Abuse	Paula	Monday	11am	05/24/10	06/21/10	07/19/10	08/30/10	09/20/10	10/25/10	11/22/10	12/20/10	01/24/11	02/21/11	03/28/11	04/25/11
22	Labor and Delivery, Part I	Sherry	Wednesday	4pm	06/02/10	06/30/10	07/28/10	09/08/10	09/29/10	11/03/10	12/01/10	12/29/10	02/02/11	03/02/11	04/06/11	05/04/11
23	Labor and Delivery, Part II	Sherry	Wednesday	4pm	06/09/10	07/07/10	08/04/10	09/15/10	10/06/10	11/10/10	12/08/10	01/05/11	02/09/11	03/09/11	04/13/11	05/11/11
24	Labor and Delivery, Part II	Sherry	Wednesday	4pm	06/16/10	07/14/10	08/11/10	09/22/10	10/13/10	11/17/10	12/15/10	01/12/11	02/16/11	03/16/11	04/20/11	05/18/11
25	Bathing and Diapering	Sarah	Thursday	3pm	06/24/10	07/22/10	08/19/10	09/30/10	10/21/10	11/25/10	12/23/10	01/20/11	02/24/11	03/24/11	04/28/11	05/26/11
26	Feeding (Bottle and Breast)	Sherry	Wednesday	3pm	06/30/10	07/28/10	08/25/10	10/06/10	10/27/10	12/01/10	12/29/10	01/26/11	03/02/11	03/30/11	05/04/11	06/01/11
27	Baby Calming	Sarah	Thursday	6pm	07/08/10	08/05/10	09/02/10	10/14/10	11/04/10	12/09/10	01/06/11	02/03/11	03/10/11	04/07/11	05/12/11	06/09/11
28	Post Partum	Sherry	Wednesday	2pm	07/14/10	08/11/10	09/08/10	10/20/10	11/10/10	12/15/10	01/12/11	02/09/11	03/16/11	04/13/11	05/18/11	06/15/11
29	Safety / Reducing the Risk of SIDS	Sarah	Thursday	3pm	07/22/10	08/19/10	09/16/10	10/28/10	11/18/10	12/23/10	01/20/11	02/17/11	03/24/11	04/21/11	05/26/11	06/23/11
30	Parenting 101	Sarah	Thursday	5pm	07/29/10	08/26/10	09/23/10	11/04/10	11/25/10	12/30/10	01/27/11	02/24/11	03/31/11	04/28/11	06/02/11	06/30/11